

**Cover letter**

(09 September 2017)

To.

Editor in Chief

International Journal of Integrated Health and Science

Dear Sir,

Please find the submission of our manuscript,

**(Associations Between Nutrition Knowledge, Vitamin C Intake and Nutritional Status on Blood Pressure among Elderly with Hypertension in Klaten, Central Java, Indonesia)**

which we would like to submit for publication in the International Journal of Integrated Health Science. Herewith, we also attached *3 sets of manuscript (hard copy) and 1 CD (soft copy)*.

In this manuscript, my research about shows the importance of education on the consumption of food sources of antioxidants. Based on the theory of vitamin C has benefits in preventing the occurrence of high blood pressure. It needs further nutrition knowledge and nutritional status to increase intake hypertension in elderly because intake in elderly still less than AKG, especially intake of vitamin C which influence each other antioxidant and oxidative stress in elderly. Author and all co-authors have seen and agreed with the contents of the manuscript and there is no financial interest to report. We certify that the manuscript submitted is an original work and is not under review at any other publication. We thank you for considering our manuscript for publication in the International Journal of Integrated Health Science and look forward to hearing from you at your earliest convenience.

Sincerely yours,



**(Triagung Yuliyana)**